NABAWA VALLEY TAVERN

GLUTEN FREE MENU

Starters - Great to Share

CHICKEN SATAY SKEWERS 6 for 25
Homemade chicken or beef skewers with our special satay sauce

CHICKEN WINGS 6 for 16 / 12 for 26
You choose Buffalo or Honey BBQ

CREAMY GARLIC PRAWNS E 29 M 40
Served with rice & salad

HOMEMADE SAUSAGE ROLLS 23
8 sausage rolls served with tomato sauce

HOMEMADE PARTY PIES 23
4 party pies served with tomato sauce

PIZZA

MEATLOVERS PIZZA 29
Loaded with pepperoni, chorizo, bacon, capsicum, red onion, chicken & topped with mozzarella. A carnivores delight!

BBQ CHICKEN PIZZA 26
Topped with tender grilled chicken, capsicum, red onion, melted mozzarella & drilled with smoky BBQ sauce.

VEGETARIAN DELIGHT PIZZA 24
A colourful medley of spinach, cherry tomato, red onion, roasted capsicum, olives, sun dried tomato & melted cheese. Packed with garden fresh flavour.

HAWAIIAN PIZZA 25
A tropical twist with ham, sweet onion, Hawaiian pineapple & melted mozzarella on a golden crust.

ADOBO (GOOGLE IT) PIZZA 27
A bold fusion featuring caramelised pork belly & melted cheese on a bed of creamy garlic sauce. Bursting with flavour!

SATAY CHICKEN PIZZA 27
Succulent marinated chicken on a rich, creamy satay sauce base, topped with mozzarella, roasted capsicum, red onion with crushed peanuts

GF

GF PIZZA BASES 4.5

Please inform the staff when ordering from this Menu

GLUTEN FREE MENU

MAINS

RUMP STEAK 36.5
Served with mash & salad & your choice of sauce

SCOTCH FILLET 47
Served with mash & salad & your choice of sauce

T-BONE 44.5
Served with mash & salad & your choice of sauce

BBQ BEEF RIBS 36
Tender, slow cooked beef ribs glazed with smoky BBQ sauce, served with potato gratin. Fall -off -the bone delicious!

CREAMY BEEF & MUSHROOM WITH RICE 34
Tender beef & mushrooms simmered in a rich creamy sauce & served over rice for a comforting meal

PRAWN & CHORIZO PENNE A 29
Juicy prawns & smoky chorizo tossed through al dente penne in a rich tomato and garlic sauce

SATAY CHICKEN SALAD 29
Grilled chicken strips drizzled with rich satay sauce, served over crisp mixed greens with fresh vegetables & sprinkle of crunchy peanuts

FETTUCCINE CABONARA (PENNE) 27
Creamy pasta with crispy bacon, mushroom, parmesan cheese & creamy garlic sauce. Simple indulgent & full of flavour!
ADD chicken $8

VEGETARIAN PASTA (PENNE) 25
A hearty dish of fresh vegetables & herbs, finished with parmesan cheese. Light, vibrant & delicious!

SPAGHETTI BOLOGNESE (PENNE) 26
Classic bolognese sauce topped with parmesan cheese. Comforting & full of flavour!

FISH AND CHIPS* I 28
Grilled with chips* or mash and veg

CREAMY SEAFOOD CURRY A I 37
Fish, calamari & prawns served in a creamy curry served with Jasmin rice.

BUTTER CHICKEN 30
Tender chicken pieces simmered in a rich, creamy tomato sauce with a blend of aromatic spices. Served with rice for a comforting flavourful dish.

SALMON WITH LEMON & DILL I 39
Tender salmon fillet, cooked to perfection, topped with fresh lemon & fragrant dill. Served with creamy mash, asparagus & cherry tomato.

HOT CHIPS

HOT CHIPS ARE AVAILABLE, BUT MUST BE ORDERED AS GF HOT CHIPS. TO ENSURE SEPERATE FRYER IS USED

SIDES

CREAMY GARLIC PRAWNS 13 A
SAUCE: MUSHROOM, PEPPER & GRAVY 4

DESSERTS

CHOCOLATE BROWNIE 13
Served warm with ice cream.

STICKY DATE PUDDING 15
Served warm with caramel sauce & ice cream

New York Baked Cheesecake 16
Served with fruit coulis

GF

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